



Feng shui tips for homeowners

Get your environment to work for you, than against you ...

Feng shui meaning “wind and water” has been practiced for centuries in China. Concerned with the flow of “chi” or natural energy, feng shui determines the most appropriate locations that can produce the greatest or easiest flow of good chi, resulting in harmony, wealth, health and happiness for all occupants. Master Lynn Yap, known as the Queen of Fengshui, offers some tips:

- ▶ Your bed should be against the wall and should not face the toilet. Also, clear the clutter underneath the bed as this represents bad energy. And, don't place a TV in your bedroom as energy is “zapped” as you sleep.
- ▶ If your favourable direction is north, then you should sleep with your toes pointing north and your head south. That way when you wake up, you will be facing your favourable direction.
- ▶ The bed should not face the door with the occupant's legs pointing towards it as this symbolises the ‘coffin’ position. Also, no mirrors should face the bed.
- ▶ Ceilings should not have overhead beams and should not be sloping as this creates imbalance of energy. Also, low ceilings are bad and can cause stress.
- ▶ If your house is experiencing “bad” fortune, try pasting six \$1 coins on the wall above your main door, inside your house, to counteract the naughty “earth energies”. Six represents the metal in feng shui.
- ▶ Do not paint the inside of your house yellow as yellow is the colour of earth and it can enhance the “sickness star”, causing family members to fall sick.
- ▶ For this year 2002, the “annual naughty earth star” falls in the east sector of homes, so buy a six-rod metal wind chime and place it on the door or window frame. Choose a plain looking one without any animals, stars or moons, and do not place near trees or graves.
- ▶ Remove potted plants outside of living or/and bedroom windows (planters area) as this is bad for health. The doors and windows should not face one another directly.
- ▶ Choose an apartment that is built from 1984 to 2003 as those have good feng shui. Also, choose one that is bright, comfortable and airy, and do not live near factories or electrical plants.
- ▶ There should not be a staircase near the main door as chi will flow to the living room and go upstairs instead of the dining room. Also, the space in the staircase should not be open as the chi will escape. 🏠

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